

NAME _____

DATE _____

CHAPTER 4: Breathing Emergencies

DIRECTIONS: Read pages 55-67 and answer the following questions.

1. In adults, the heart usually stops due to _____, but in children, it is often the result of a _____.

2. Brain damage is possible _____ minutes after the heart stops beating.

3. Define respiratory distress.

4. Define respiratory arrest.

5. List 5 causes of respiratory distress or arrest.

a. _____

b. _____

c. _____

d. _____

e. _____

6. Define asthma and list three triggers of asthma.

7. Choose 3 other breathing emergencies. Give the definition and signal for each.

a. _____

b. _____

c. _____

8. When should you call 9-1-1 in a breathing emergency?

9. If someone is unconscious and not breathing, what should you do?

10. List 3 common causes of choking in adults.

a. _____

b. _____

c. _____

11. List 6 foods that young children should not eat due to the risk of choking.

a. _____	d. _____
b. _____	e. _____
c. _____	f. _____

12. What is an easy test to determine if an object is a choking hazard for children?

13. What is the universal signal for choking?

14. List 3 other signals of choking.

a. _____

b. _____

c. _____

15. What care should you provide to a person who is choking and coughing?

16. What care should you provide to a person who is pregnant and choking?

17. If you are alone and you are choking, what should you do?

18. When give chest thrusts to a conscious, choking infant, be sure to keep the infant's _____ lower than their chest.

19. If a person is unconscious and your rescue breathes do not go in, what is the next thing that you should do?

20. Once you begin providing care for a person who is unconscious and has a blocked airway, what are the only 5 reason that you will stop?

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____